

Standing Tall – the story of half my life

Inspirational and charismatic, Spencer West speaks candidly about the struggles he overcame after losing his legs at the age of five.

Newly launched by Me to We, Standing Tall is the first book from motivational speaker, Spencer West.



Standing Tall

By Spencer West with Susan McClelland
Me to We

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YOUNG ADULT READER

Spencer West is many things. An accomplished speaker, university graduate, natural prankster, former cheerleader and a young man without legs – something that has never held him back. Navigating through life on his hands, Spencer shares his personal story about living life by embracing being different – and never letting that slow him down.

In a world where society seems to dictate happiness and can limit the possibilities for those with special needs, Spencer wanted more out of life. He wanted to be accomplished, but that didn't mean just a paycheck and material possessions. He wanted to have an impact, but wasn't always sure how. In 2008, Spencer travelled to Kenya on an international volunteer trip where he helped build a school in a rural community in the Maasai Mara. He credits this experience with helping him recognize his true calling – to motivate and inspire people around the world. Infused with humor and humility, Spencer's thought provoking message in *Standing Tall* encourages people to find opportunity in every challenge.

Standing Tall is perfect for anyone looking to make a difference in themselves and the world. It highlights the pains of bullying, isolation, failure, pride and how to persevere.

Spencer's inspiring journey continues as he takes on his next challenge: climbing Mount Kilimanjaro in June 2012, raising funds for Free The Children.

Standing Tall is available September 2011 at Indigo and Chapters book stores across Canada as well as online at www.metowe.com/shop.

SPENCER WEST is a Me to We motivational speaker who's inspiring message has reached over 1.8 million students, educators, corporations and families. He has captivated audiences at Free The Children's We Day events across Canada, which have been featured on CTV. Spencer has shared the stage with such influential people as Mia Farrow, Dr. Jane Goodall, Nobel Laureate Elie Wiesel and his musical idol, Jason Mraz.

To learn more about Spencer, watch his video: www.metowe.com/speakers/spencer-west/



Connect with Spencer online and follow his journey:

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About Me to We

Me to We (www.metowe.com) is an innovative social enterprise that provides people with better choices for a better world. Through socially conscious and environmentally friendly products and life-changing experiences, Me to We measures the bottom line, not by dollars earned, but by the number of lives we change and the positive social and environmental impact we make. In addition, half of Me to We's net profit is donated to Free The Children (www.freethechildren.com) and the other half is reinvested to grow the enterprise.

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