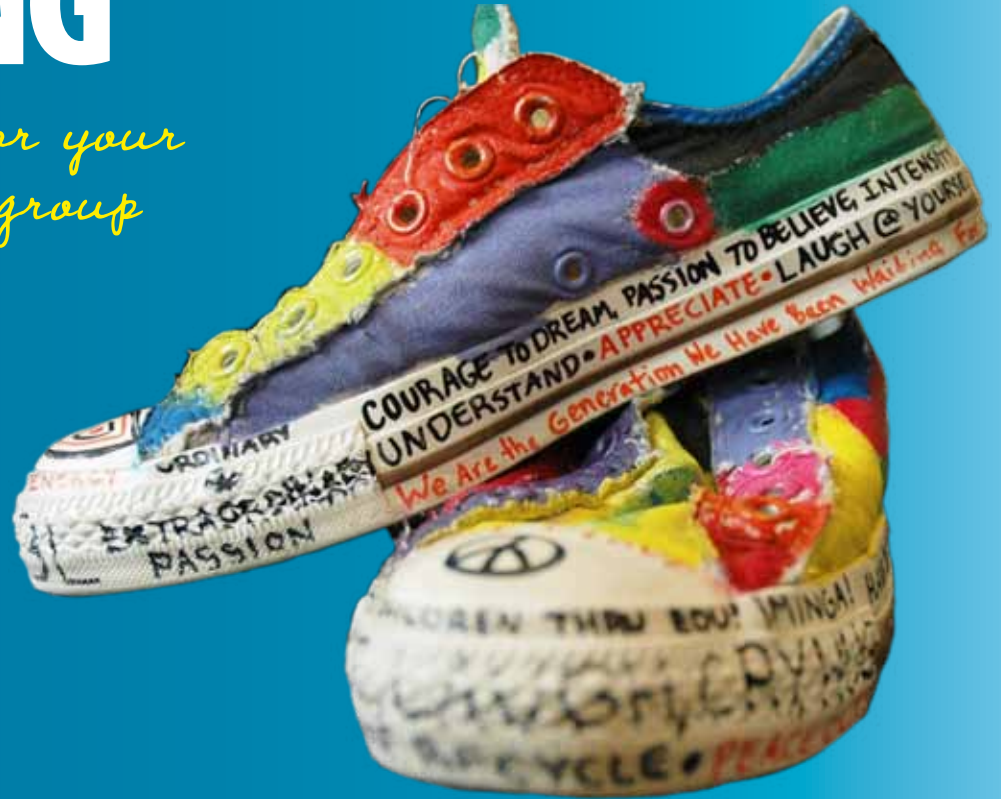


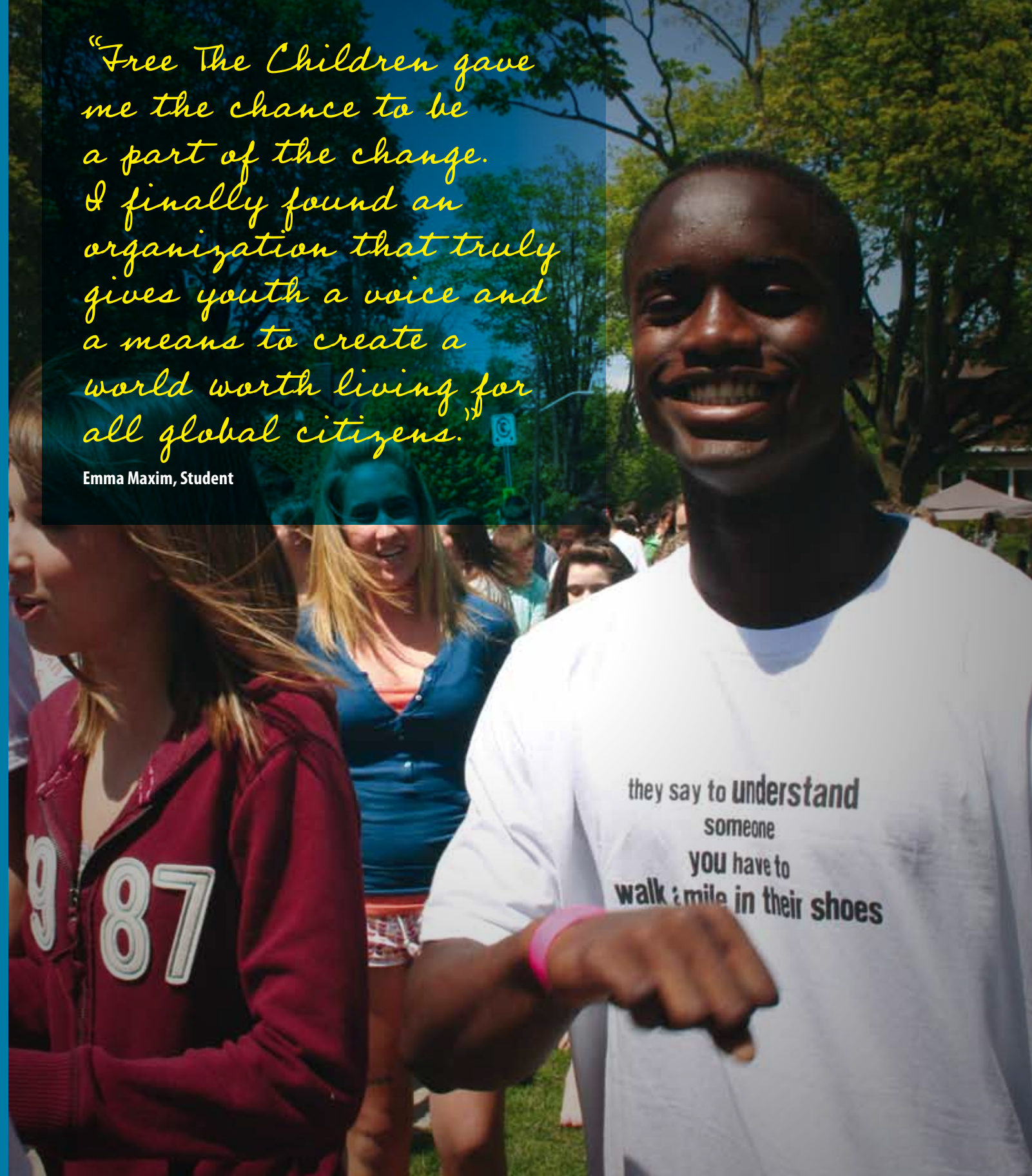
YOUTH IN ACTION TRAINING

*2-day program for your
youth in action group*



“Free The Children gave me the chance to be a part of the change. I finally found an organization that truly gives youth a voice and a means to create a world worth living for all global citizens.”

Emma Maxim, Student



DEAR FRIENDS

We're proud to invite you and your Youth in Action group to Free The Children's brand-new 2-day Youth in Action Training program. We know how much hard work you have put in this past year and we'd like to offer you the opportunity to build on your many initiatives.



Photo © V. Tony Hauser

Think of this as an exclusive chance to meet with like-minded Youth in Action groups who are as passionate and committed to changing the world as you are. Share and learn from one another as you gain a comprehensive understanding of social justice issues and the Free The Children development model.

Learn how to work through challenges using tips and techniques from Free The Children's youth coordinators during customized sessions that focus on the country you and your group are dedicated to supporting.

Stay at the new Me to We Leadership Centre. An incredible place of possibility and inspiration, the centre promotes global citizenship and service-based growth in a setting that will engage and inspire everyone who has the opportunity to visit.

Leave with a specific action plan tailored for you and your group to use during your next campaigns and take what you learn to further your group's cause within your school community and the world.

Thank you for your ongoing passion and dedication.

Be the Change,

Craig Kielburger
Founder, Free The Children

Marc Kielburger
Co-Founder, Free The Children

CREATE YOUNG LEADERS. SPARK SOCIAL CHANGE.

About Free The Children

Free The Children is a by youth, for youth organization founded on the belief that young people have the power to change the world—and that the key to awakening that power is through education.

After 15 years at work, we're proud to say that we are the world's largest network of children helping children through education, with a network of more than one million youth involved in our programs in 45 countries.

Since our founding in 1995 by then 12-year-old Craig Kielburger, we've built more than 650 schools in developing regions worldwide, educating over 55,000 children each day. We've also empowered a generation of young people here in North America to take action for their communities and their world.



SINCE 1995, FREE THE CHILDREN HAS ...

- » Established an almost unprecedented administration rate of 9%, ensuring that, on average, 91 cents of every dollar donated goes directly to our projects
- » Established 3,500 Youth in Action groups across North America to take action locally and globally
- » Built more than 650 schools in developing regions, providing daily education to more than 55,000 children
- » Provided \$16 million worth of medical supplies to marginalized communities
- » Enabled access to clean water, health care and improved sanitation facilities to over one million people
- » Helped more than 30,000 women become economically self-sufficient with loans and alternative forms of income

Photo © V. Tony Hauser



YOUTH IN ACTION TRAINING

2-Day Program

Here's the chance for you to build on fundraising and awareness projects by kick-starting your leadership skills at an all-new weekend retreat. Our team of experienced youth coordinators and expert leadership facilitators will guide participants through tightly packed days of intense education, training and seminars. Your Youth in Action group will emerge with the tools to leverage real change in the local and global community.

By breaking down awareness and fundraising campaigns, you will have the chance to draft your own plan for future initiatives with the help of your very own youth coordinator. This is an opportunity for your group to develop a deeper understanding of a social justice cause, and bring these lessons beyond the weekend and into your life as a global citizen.



DAY ONE

EXTENSIVE EXPLORATION OF KEY ISSUES

Do you want to:

- Better understand poverty-related issues and how to talk about them?
- Gain more context on the country you're supporting?
- Understand how development works overseas?

Gain an in-depth understanding of the issues facing your local and global community, and the role that your group plays in addressing social issues. You'll learn how your fundraising efforts go towards supporting overseas development and how the Adopt a Village development model helps communities break the cycle of poverty.

Learning outcomes include:

- Deeper insight into the issues and their interconnectedness
- Unique understanding of Free The Children's development approaches

CAMPAIGN TIPS AND TRICKS

Do you want to:

- Improve skills in developing and running campaigns?
- Mobilize others to support the cause you care about?
- Overcome obstacles?

Learn the fundamentals, tricks and techniques of designing and running successful campaigns, from school-run initiatives to international programs, from advocacy and awareness to fundraising.

Learning outcomes include:

- Awareness and understanding of the key elements of any successful campaign
- Best practices in avoiding and overcoming challenges
- New ways to inspire people to care

SELF-DISCOVERY AND LEADERSHIP DEVELOPMENT

Do you want to:

- Learn how to work better as a team?
- Take your skills as a leader to the next level?

Develop your leadership abilities through a series of exercises focused on self-discovery, teamwork and communication skills.

Learning outcomes include:

- Fresh perspectives and approaches to leadership



DAY TWO

PUBLIC SPEAKING

Do you want to:

- Improve your ability to communicate effectively about your cause?

Develop the skills and confidence to speak in front of large groups, spreading your message and involving others in the cause you are passionate about.

Learning outcomes include:

- Key skills for speaking with impact to groups of any size

PRINCIPLES OF AN ACTION PLAN

Do you want to:

- Set goals that are ambitious, but also attainable?
- Create plans that will help you stay focused and reach those goals?

Learn how to develop your objectives and gain an understanding of why a plan is an important road map for making a difference throughout the year.

Learning outcomes include:

- Tools for creating action plans that work
- Techniques for sticking to a plan once it's ready



TAKE-AWAY ACTION PLAN

Do you want to:

- Work alongside your youth coordinator?
- Set goals and create a specific plan you can implement in your school or community?
- Share ideas with other young leaders?
- Learn about new resources that can help you reach your goals?

With the help of your youth coordinator, develop a personalized year-long plan for taking action on your issue of choice.

Learning outcomes include:

- Stronger connections to your youth coordinator
- A network of other youth to collaborate with throughout the year
- A road map for the year





Me to we

LEADERSHIP CENTRE



Just an hour outside Toronto, the Me to We Leadership Centre is both a retreat and an adventure.

The Me to We Leadership Centre provides customized leadership training geared to young leaders eager for inspiration and skills. Nestled in the quiet rolling hills of the Port Hope area, it is a place where knowledge turns into passion, where individuals become citizens and where inspiration takes action.

FACILITIES

- 2 residential buildings sleeping up to 120 individuals
- Intimate breakout rooms for small group discussions
- Fully equipped kitchen and dining hall facilities
- Expansive outdoor activity areas
- 10 acres of private woodlands
- Historic chapel on site

ACCESSIBILITY

The Me to We Leadership Centre is conveniently located just one hour from Toronto near Port Hope, and is easily accessible by GO Train.



APPLICATION and payment

For more information about the Youth in Action Training program, contact Janice Sousa at janice@metowe.com or 416.964.8942 x. 132.

PARTICIPANT CONTACT INFORMATION

Name: _____
 _____ Grade: _____
 Address _____

City _____ State/ Province _____
 Zip / Postal Code _____
 Home Telephone _____ Cellphone _____
 E-mail _____
 *please write clearly as this will be our primary mode of communication

TEACHER / SCHOOL CONTACT INFORMATION

Teacher name: _____
 School name: _____
 Address _____

City _____ State/ Province _____
 Zip / Postal Code _____
 School telephone _____ Alternate number _____
 E-mail _____
 *please write clearly as this will be our primary mode of communication

PARENT / GUARDIAN CONTACT INFORMATION

Name: _____

 Address _____

City _____ State/ Province _____
 Zip / Postal Code _____
 Home Telephone _____ Cellphone _____
 E-mail _____
 *please write clearly as this will be our primary mode of communication

PAYMENT INFORMATION

The cost of the 2-day program is \$209.05 incl. tax (transportation not included).

A cheque is enclosed: Yes No

Make Payable to: Me to We Leadership
 Mail to: 225 Carlton Street, Toronto, ON M5A 2L2
 Attention: Youth in Action Training

Bill my Credit Card: Visa Mastercard
 Credit Card Number _____
 Expiry Date (MM/YY) _____ Name on Card _____
 Signature _____



WAIVER

The leadership program described within is organized and facilitated by Me to We Leadership.

A payment of \$185.00 plus 13% HST tax (\$24.05) is a non-refundable application fee due at the time of registration. This fee will be refunded only if the application is not accepted by Me to We Leadership. Once Me to We Leadership has accepted the participant’s application, the deposit and any subsequent payment amounts toward the participant’s participation in the program are completely non-refundable regardless of any circumstance that may cause the participant to withdraw from the academy program, including but not limited to a job offer, family emergency, change in travel plans, last-minute cancellation or inadequate funds raised.

Unless otherwise specified, the participant, or the school or school representatives of the Participant, is responsible for making his/her own travel arrangements to and from the site of the academy program and all costs associated with such travel are the sole responsibility of the participant. Me to We Leadership is not responsible for any issues that may arise in connection with a participant’s travel arrangements.

The participant and, if the participant is under the age of 18, the parent/legal guardian of the participant, hereby acknowledge that I/we have fully read, understood and unconditionally agree to all the provisions outlined in this Waiver, Release, Indemnity and Acceptance of Risks. By signing this Waiver, Release, Indemnity and Acceptance of Risks below, the participant and, if the participant is under the age of 18, the parent/legal guardian of the participant, confirm and agree that participation is voluntary and that the participant and, if the participant is under the age of 18, the parent/legal guardian of the participant, knowingly assume all risks associated with this participation including physical injury or harm of any kind resulting from volunteer related activities, leadership programs and leadership games, sports related activities, meals or allergies from any foods whatsoever or environmental allergies.

The participant and, if the participant is under the age of 18, the parent/legal guardian of the participant (on his/her/their own behalf and on behalf of his/her/their executors, personal representatives, and assigns) waive all claims against and release Me to We Leadership, its affiliated companies, its partners, any companies acting on its behalf, Free The Children and each of their directors, officers, employees, volunteers, sponsors, independent contractors, agents and authorized representatives (the “Releasees”) from liability for any and all claims, demands, damages, costs (including legal costs), expenses, actions and causes of action, whether in law or equity, that any of us have or may in the future have against the Releasees, including claims arising from their negligence.

This waiver applies to any claims against the Releasees of any kind relating to the participant’s person or property including claims arising from (1) personal injury (including death) from accidents, injuries or illnesses arising from participation in various activities during and in connection with the Me to We Leadership program; and (2) damage to, or loss or theft of property, and regardless of whether such death, injury, damage, loss or theft was caused or contributed to by the negligence of any of the Releasees. The participant and, if the participant is under the age of 18, the parent/legal guardian of the participant, further agree to waive all claims for injuries or financial claims against the Releasees related to actions taken by a third party which may result in damages against the participant.

This Waiver, Release, Indemnity and Acceptance of Risks shall be governed by and construed in accordance with the laws of the Province of Ontario and the laws of Canada applicable in Ontario. All disputes, disagreements, controversies, questions or claims arising out of or relating to this Waiver, Release, Indemnity and Acceptance of Risks shall be determined by arbitration under the Arbitration Act, 1991 (Ontario) (the “Arbitration Act”) and any hearing in the course of the arbitration shall be held in Toronto, Ontario in the English language. Subject to section 44 of the Arbitration Act, any award or determination of an arbitrator shall be final and binding on the parties and there shall be no appeal on any ground, including, for greater certainty, any appeal on a question of law, a question of fact, or a question of mixed fact and law. All matters relating to the arbitration shall be kept confidential to the full extent permitted by law and no individual shall be appointed as an arbitrator unless he or she agrees in writing to be bound by this dispute resolution provision.

As this Waiver, Release, Indemnity and Acceptance of Risks is a waiver of certain of the participant’s and his/her parent/legal guardian’s legal rights and imposes certain obligations on the participant and his/her parent/legal guardian, you may wish to consider seeking independent legal advice prior to signing below.

By signing below and submitting this Waiver, Release, Indemnity and Acceptance of Risks, the participant and, if the participant is under the age of 18, the parent/legal guardian of the participant, acknowledge that we have read, understood and agreed to all of the provisions provided above. We understand that we are giving up rights, including the right to compensation for injury resulting from negligence of the Releasees. We acknowledge freely and voluntarily signing the agreement and intend our signatures to signify a complete assumption of the inherent risks of participating in or observing activities in connection with the Youth in Action Training program and a complete and unconditional release of liability, to the greatest extent allowed by law.

PARTICIPANT NAME _____
(please print)

Date _____

If participant is under the age of 18, signature of his/her parent/legal guardian:

PARTICIPANT NAME _____
(please print)

Date _____

PARTICIPANT SIGNATURE _____

WITNESS SIGNATURE _____

PARTICIPANT SIGNATURE _____

WITNESS SIGNATURE _____